

**3.9.23**



## **Athletics Important Dates:**

### **SPRING 2023**

#### **1. Spring Athletics Parent Meeting:**

*Meeting will be held after Practice. See below for details*

- **Track and Field: Friday, March 10, 2023** @ 4:45 pm, Gym

#### **2. Academic Holdout:**

*Grades will be pulled from Teacher gradebooks on **Thursday, April 13, 2023.***

*Athletes have the week of 4.13-4.20 to raise grades.*

- **Track and Field: Thursday, April 20, 2023** (Scenic Meet @ Crater)

#### **3. Picture Day:**

- **Track and Field: Thursday, March 16, 2023** @ 3:15 pm, Field House

#### **4. Practices / Meets:** *(Practices are key in order to participate in meets)*

- **Practice Days: Monday, Tuesday, Thursdays, Fridays**
  - **No Practices: Wednesdays**
  - **Location and Times:** @ FH Track from 3-4:30 (Coach walks down w/ athletes after buses leave)

#### **5. SOMSAC District Meets:**

- **6th Grade Districts: Monday, May 1, 2023** @ Ashland MS, 3:00 pm
- **7th/8th Grade Districts: Tuesday, May 2, 2023** (Location and time - TBD)

*Need more information? Visit [Athletics Website](#) < Spring Tab*